

THE GLORIA BORGES WUNDERGLO FOUNDATION REIKI AND GUIDED MEDITATION PROGRAM



Reiki and Guided Meditation

Reiki is a Japanese technique for stress reduction and relaxation that also promotes healing. It is administered by "laying on hands" and is based on the idea that an unseen "life force energy" flows through us and is what causes us to be alive.

1ST MONDAY OF EVERY MONTH (EXCEPTIONS* FEB, APRIL, MAY, JUNE, JULY, SEPTEMBER)

NOW TAKING REGISTRATION FOR THE FOLLOWING DATES:

1/7/19	2/25/19*	3/4/19	4/8/19*	5/13/19*	6/10/19*
7/8/19*	8/5/19	9/9/19*	10/7/19	11/4/19	12/2/19

TIMES: 1:00PM TO 2:30PM

WHERE: THE HILTON-DOUBLETREE HOTEL-DOWNTOWN LOS ANGELES

120 S. LOS ANGELES STREET, LOS ANGELES, CA 90012

2ND FLOOR – "NEWPORT BEACH ROOM" – COST: FREE

PARKING AT HOTEL IS \$17.00 FOR VALET PARKING – SELF PARKING AVAILABLE FOR: \$12.00

ONE (1) HOUR SESSION WILL BE CONDUCTED ON EACH DATE

ALL CANCER PATIENTS AND THEIR CAREGIVERS ARE INVITED

THE GLORIA BORGES
WUNDERGLO
FOUNDATION

Email becky@wunderglofoundation.org to register
or contact Becky Keller at (818) 331-7282.

Pre-registration is required as space is limited.

<https://wunderglofoundation.org/the-gloria-borges-reiki-and-guided-meditation-program/>